

Stepping into
67 years of
 Striving & Serving
 to end Leprosy and TB



ACTIVITY REPORT 2021



Mission

Damien Foundation India Trust offers quality services, both medical and social, to people in need, either directly or through NGOs, Civil Society Organisations and Government.



Vision

To reach and serve persons affected by Leprosy or TB, medically and socially.



Values

Transparency, Accountability, Synergy and Respect.

in Partnership with



DELHI

- ▶ Margaret Leprosy and TB Hospital, South West Delhi

TAMIL NADU

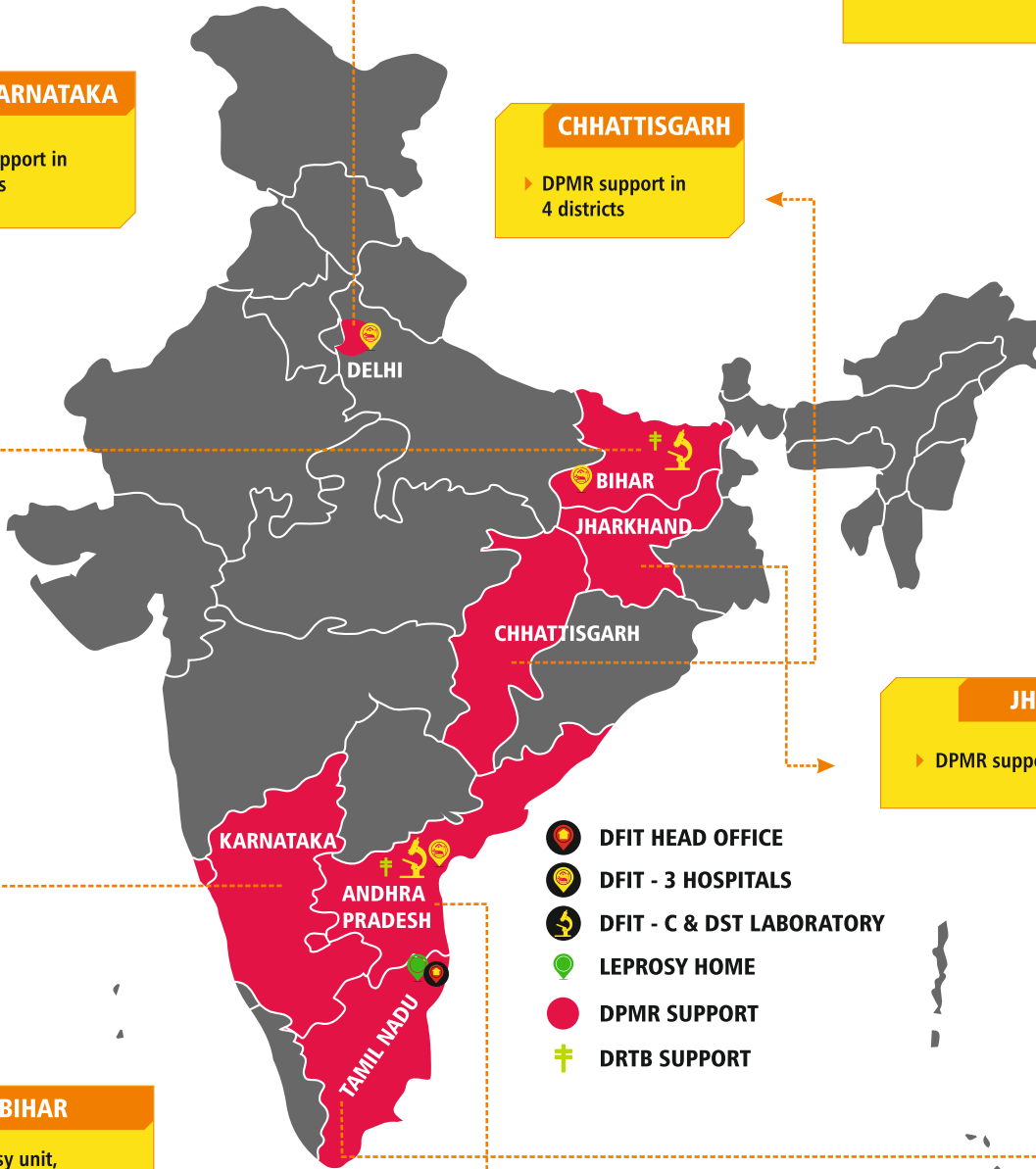
- ▶ Anandapuram Rehabilitation Centre, Polambakkam
- ▶ DPMR support in 14 districts

KARNATAKA

- ▶ DPMR Support in 3 Districts

CHHATTISGARH

- ▶ DPMR support in 4 districts



JHARKHAND

- ▶ DPMR support in 12 districts

BIHAR

- ▶ Model Leprosy unit, Dehri on Sone, Rohtas district
- ▶ Damien TB Research Centre (DTRC), Darbhanga
- ▶ Support to DPMR in 28 districts and DRTB in 6 districts
- ▶ ILEP Coordination

● **DPMR SUPPORT TO 72 DISTRICTS IN 6 STATES**

✚ **DRTB SUPPORT TO 12 DISTRICTS IN 2 STATES**

ANDHRA PRADESH

- ▶ Damien Foundation Urban Leprosy and TB Centre, Nellore
- ▶ Damien TB Research Centre (DTRC), Nellore
- ▶ Support to DRTB in 6 districts and DPMR in 9 districts

NOTE FROM THE SECRETARY'S DESK

I am pleased to introduce DFIT's annual activity report for the year 2021. The pandemic in the country had partially affected our leprosy and tuberculosis services during the year. The experience we gained during the first year of the pandemic helped us to accomplish most of the planned activities. The entire credit goes to our teams working determinedly in the field and referral centres. They were at the forefront and unwavering in providing appropriate services to persons affected by leprosy and tuberculosis during the covid crisis. The solidarity of our team was more than ever under these difficult conditions.

The report of external evaluation of five years project in Bihar gave us a good insight into the results of the project and enabled us to think of strengthening the referral system in the districts with a special focus on establishing referral services in district hospitals in coming years.

On behalf of the trust, I would like to express my sincere gratitude to Damien Foundation Belgium for their continuous guidance and support. I wish to thank all the local and international donors and all our team members. I would sincerely thank our trust members for their timely guidance and support.

On behalf of the trust, I would like to thank all our team members for their commitment.



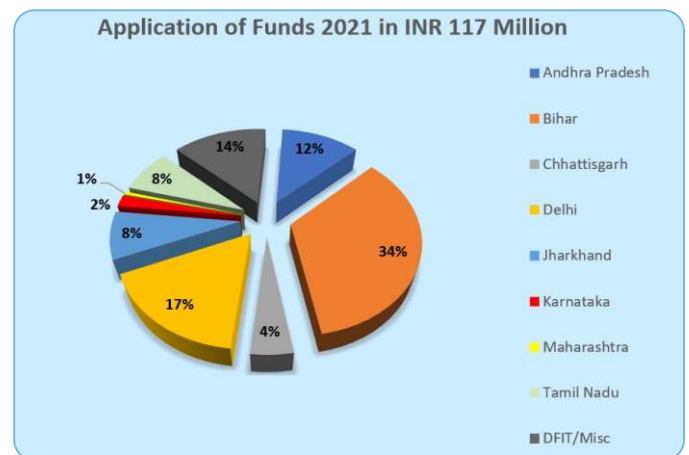
Dr. M. SHIVAKUMAR
Secretary

Food grains support for TB & Leprosy affected persons Provided during Covid 19 pandemic lockdown period - 2021

Projects	No of beneficiaries
Andhra Pradesh	186
Delhi	235
Bihar	744
Jharkhand	126
Chhattisgarh	29
Tamil Nadu	94
Maharashtra	125
Total	1539

FINANCIAL REPORT 2021

Application of Funds 2021



Covid-19 diagnosis In DTRC, Nellore Lab, Andhra Pradesh

- ◆ Around 2040 presumptive covid-19 cases were screened
- ◆ 639 Positive cases were reported in the year of 2021



Covid-19 relief work



Provided Livelihood support to around 2220 families so far..

Our Focus

- ▶ Prevent occurrence of Leprosy and Tuberculosis through advocacy and education.
- ▶ Provide medical treatment and deformity correction surgeries for those affected by Leprosy.
- ▶ Provide diagnostic and treatment services for drug susceptible and drug resistant tuberculosis.
- ▶ Provide nutritional support and monitor treatment of TB patients.
- ▶ Provide livelihood support and facilitate social acceptance of persons affected by Leprosy and TB with special focus on women and children.
- ▶ Provide palliative care for persons affected by Leprosy.

TB Control Activities

- ▶ 11 designated microscopic centre to manage drug susceptible TB Control.
- ▶ 2 referral centres for managing complications related to TB.
- ▶ 2 reference laboratories to support drug resistant TB control in Andhra Pradesh and Bihar.

Leprosy Control Activities

- ▶ 18 field expert teams to facilitate Disability Prevention and Medical Rehabilitation activities in 72 districts.
- ▶ 3 referral hospitals to provide services for managing complications related to Leprosy.

Scale And Reach

- ▶ Dedicated and a well-trained team comprising of 179 Medical / Paramedical / Administrative staff catering to the needs of more than 25000 families affected by Leprosy / TB every year.
- ▶ Strengthening of referral system through Primary Health Care Centres, Government and Non-Government Organisations covering a population of over 201 million across 9 states in India.



DAMIEN FOUNDATION INDIA TRUST has been

- ▶ Educating the persons affected by Leprosy and TB and giving them a ray of hope.
- ▶ Empowering the persons affected by Leprosy and TB by giving them a future and a purpose to live.
- ▶ Enlightening common man, fighting Leprosy and TB.
- ▶ Encouraging society to respect their rights and restore dignity.
- ▶ Ensuring deformity prevention through self-care practice.

**Year after year,
for over 67 years...**

1. SURGICAL SUPPORT

My dream came true

I am Arti Kumari, aged 19-years, not married. I am a native of Bihar, India. I live with my father, mother, brother and sister (married). My health was fine until the year 2017 and I was doing my regular household chores and was studying 12th Standard. My left eye started watering I did not know the reason, my family in the beginning thought it was because of some eye infection. I was not able to study.

My family took me to several Doctor's in various places but there was no improvement. Having spent a lot of money which drained out our meagre finances, I came to Delhi with my uncle, where I was diagnosed for Leprosy. I was having difficulty in closing my eyes and it used to water the whole day. The Doctor informed that it was too late, and I had developed an eye condition called "lagophthalmos". I realized the beauty of my face gone, being a young girl, I had lot of aspiration. In Delhi, Gurugobind Singh Hospital referred me to Damien Foundation Margaret Leprosy and TB Hospital, Delhi (DFIT) in the year 2020. Since I was on steroids, I could not undergo surgery immediately and there were lockdowns frequently due to Covid pandemic. But I was in regular contact with the hospital and the hospital staff who arranged the medicines to reach my home. DFIT Delhi hospital team made sure that Medicines were delivered to me and follow up was done through regular video calls for my progress and counseling. I finally completed twelve months medication for leprosy along with steroid treatment. But the medication caused some side effects like gastritis, general weakness etc. I was very depressed about my physical appearance and health condition, besides that my family was pointing out to me that they had spent a lot on my treatment going to private hospitals, which made me furthermore depressed. Adding to it my education was stopped for 2 years. I had suicidal tendencies at times.

In the month of July- 2021 when the things were little normal, DFIT hospital arranged my operation in in August-2021. I was treated very well at DFIT hospital especially by the doctors and physiotherapist. I underwent Pre- Physiotherapy exercise before surgery. I underwent regular counselling session at hospital. The hospital did not charge me any amount, it was totally free including food my family was relieved of the financial burden.

DFIT provided me sewing machine under LEP (Livelihood Enhancement Program) as a part of rehabilitating young people like me to be self-sustainable in life.

My dreams have come true. Damien foundation is supporting people like me and changing the lives of persons suffering from Leprosy. I would like to thank Damien foundation & its team who helped me and show the path to achieve my dreams.



Before



After

Your Donation of **Rs.50,000** will help many like Prity's to experience a life transformation through surgical process called "Deformity Correction" and lead a productive life

21832

Leprosy affected were given free treatment as out-patients

800

Leprosy affected were treated as Inpatients

134

New leprosy cases identified

222

Deformity correction surgeries for adults and children affected by Leprosy

07

Minor surgeries conducted

2. SPECIAL NUTRITIONAL SUPPLEMENT TO TB PATIENTS

Your support of **Rs.24,000** helps to complement and supplement TB treatment by providing nutritious diet for 1 DRTB Patient for 24 months.

I became so weak I was not able to eat and take my medicines.

Kajal is 30 years old and hails from Bihar. She has not gone to school. She has a younger sister who studied till 10th standard. Kajal got married at a very young age of 20, but her husband left her after 2 years of marriage due to her poor health condition. She came back again to her parents' house and stayed along with them. Kajal's father got a job as security guard in Delhi. They all went to Delhi in the year 2012.

They live in a rented house in Delhi with a poor living condition. Kajal health condition became weak, and she frequently needed medical attention. Her parents already borrowed money for her medical expenditure but still found no improvement and were worried about her health condition. Seeing Kajal's her neighbors suggested and referred her to Damien Foundation Hospital at Goyela Dairy. She went to hospital with high fever, chest pain and with symptoms of blood vomiting. All the test was done, and she was diagnosed with pulmonary tuberculosis.

Kajal was put on TB treatment started at Damien Foundation hospital. She was so weak that she was not able to take food and medicine. Nutritional support was given to her by Damien foundation to have good food and to support her completion of TB medication. DFIT field staff visited Kajal's house gave counselling and followed up on her treatment adherence. She started gaining her lost weight back and until now she has gained 8 kg's and still her treatment was going on.

After seeing the improvement in Kajal's health her family is happy and they are thankful to Damien Foundation team for the timely intervention to overcome from her disease and providing nutritional support.



Before Nutritional support



After Nutritional support

18637

Presumptive TB patients were screened

13660

Presumptive Drug Resistant (DRTB) TB patients were screened

3001

Follow-up examinations done for DRTB patients

2527

Patients were confirmed of DRTB

69

TB inpatients were treated

293

Deserving men, women and children were given nutritional supplements

Around 125000 families covered under TB diagnosis so far.,



Your contribution of **Rs. 5,000** will provide customised MCR footwear to 10 persons affected by leprosy and prevent deformity.

Commonly Sensation loss makes persons affected by Leprosy susceptible to injuries and burns in feet and hands which sometimes leads to permanent deformity and disabilities. Trained social workers make regular home visits and provide the persons affected by leprosy & their families with information and tools required for self care to manage and control further damage to their limbs. Regular self-care training leads to their own health care, thus helping them to take individual responsibility towards management of their health. Self-Care initiatives are successful with the combined efforts of the individuals affected, their families, health staff and social workers.



18486

Leprosy affected were motivated to practice self-care regularly

95

Leprosy affected were supported with customized MCR Footwear

4. SAFE SHELTER

The persons affected by leprosy are stigmatized even today, resulting in their social exclusion and poverty. They are unable to rent a house and live with dignity. DFIT intervenes and provides financial support to renovate or reconstruct their homes. Only the poorest among the affected are selected for this support.

Housing support to Mr. Arjun Kamat, Saharsa District, Bihar

Arjun is 51 years old, he hails from Saharsa district, Bihar. Arjun is affected by leprosy. He lives with his wife and a son. Arjun is a daily wage worker, due to leprosy induced deformity, he is unable to go for any job for the past 15 years. The family was struggling for their livelihood, many times the family had to starve for days. He had eight children, among them seven children died due to unnatural causes. Arjun's family was disturbed, and depressed due to their children's death and further no income to support his family. He even thought of ending his life. Somehow his wife managed the household expenses by doing menial labour work in neighbour's farms and rearing a few goats.

Arjun had no proper shelter to live in. The house in which he is living with his family was made with bamboo shutter walls with a plastic sheet roof. Since it is situated in a flood-prone area, he had to face immense difficulties while staying in his house. Often during the rainy season, the family was forced to move out of the house, due to leakages in the roof, wet floors, and waterlogging. The family mostly sleeps on temporary plastic sheets and bamboo beds. Every year after rainy/flood season he used to rebuild the hut again with great financial difficulties.

Damien Foundation field team visited him for assessment his only request was to provide him good shelter so that his family can stay safe and have good sleep. Considering his socioeconomic condition Damien Foundation constructed a house for Arjun and his family. Now Arjun and his entire family members are every happy and staying comfortably. The housing support made him free from his worries, his social status in the community and his self-confidence has increased. He is thankful to Damien Foundation for their timely help and their support.



Before



After

A Contribution of **Rs. 1,00,000** is all it takes to repair or reconstruct a home and **Rs. 2,50,000** for a new House to needy person affected by Leprosy.

Around 50000 Persons Rescued from Leprosy induced deformity

5. SUSTAINABLE SOURCE OF INCOME

Damien Foundation India Trust sets up petty shops, provides push-carts or livestock support thereby helping poorest among the affected to have a stable source of income.

The success story of Mr. Arun Sah

Arun Sah is a 32-year young man lives in Jamsari village of Gopalganj district, Bihar State. Arun is the sole bread winner for his family who lives with his wife, parents and two small children. He is a Commerce Graduate and is engaged in teaching profession. Nine years ago, he was affected by leprosy. In the beginning, he felt pain and tinkling sensation in both of his hands which was unbearable. After taking regular treatment for about six months, slowly the pain and tinkling sensation subsided. But after few months, he developed clawing and he was unable to move his fingers and hold things. He again visited the same clinic and the doctor advised him for an X-Ray and referred him to the Gopalganj Govt. Hospital for better treatment, where he was diagnosed with leprosy and MDT Treatment was started. After his finger started clawing in both hands and deformity was visible, he was worried, and he was not able to continue teaching profession which was the main source of his livelihood. In the meantime, his parents passed away, and he was struggling for his livelihood adding to that Covid-19 lockdown situation did not provide any scope for income. Damien Foundation field team came across Arun during the field visit and Arun requested DFIT to provide support for livelihood by setting up a grocery shop in his village.

In the year 2020 DFIT provided him a grocery shop worth of Rs.20000/- under Livelihood Enhancement Programme. The shop was well managed by Arun and his wife and is earning good income and fulfilling community demand for grocery items. From the above earnings he purchased an e-rickshaw on loan and earning good income. His wife is managing the grocery shop. During the evening time Arun is teaching five local students and earning some money every month.

Presently Arun is earning about Rs.1000/- per day and is living happily with his family. Now he is free from all his worries and confident that he can lead a better life. When team from Damien Foundation visited him, he expressed his sincere thanks to Damien Foundation for their timely support. He said, **"without the support of Damien Foundation his life would have been destroyed"**. Now Arun's economic and social status has improved, and he is able to lead a better life, he added "he could achieve all this because of Damien Foundation's support".



Your donation of **Rs.50,000** will help provide regular income and a stable future through petty shops, push-carts or livestock.

115

Persons affected by leprosy / TB were given livelihood support to ensure sustainable sources of income

43

Children affected by Leprosy were provided education support.

6. SOCIAL INTEGRATION

A story of Mithai Lal

Mithai Lal, aged 48 years, is resident of Delhi. He is married and staying with his parents, wife, and children. He sells vegetables and due to his deformity his was not able to go for the business. His lives in the clutches of poverty.

His life was fine until he developed symptoms of Leprosy. He went to multiple practitioners where finally diagnosed him to have Leprosy. He soon started developing foot-drop on his right leg, and he had difficulty in walking, he finally developed ulcers on his foot.

He was referred by government to DFIT hospital in Delhi for deformity correction surgery. His foot drop was corrected through reconstructive surgery along with physiotherapy exercises, thereafter he became normal like any other person. After his surgery he could walk properly and to support his livelihood DFIT provided him with a new pushcart so that he could sell his vegetables. Today Mithai Lal's income has increased from Rs. 5000 to 10,000 per month and he can take care of his family well. He is extremely happy that he has overcome his deformity and regained back his self-confidence.

He is extremely grateful to Damien Foundation India Trust for supporting him both medically and socially.



Donate a Gift Box to bring smiles
in life of poor persons
affected by Leprosy and TB

Did you know?
Every single day, In India alone,

500 people are diagnosed with Leprosy
5000 people diagnosed with TB



Per Grocery Kit for a poor
TB Patient **Rs.1090/-**



Per Grocery Kit for a
Leprosy Patient **Rs.1080/-**



Per Vegetable Kit
Price **Rs.430/-**



Self Care Kit for a
Leprosy Patients **Rs.2450/-**



Donations to DFIT are 50%
exempted from Tax under 80G
of Income Tax Act,1961

Scan & Pay

Merchant Name : Damien Foundation India Trust



Merchant VPA : damienfoundation@kotak



SIGN IN NOW!

PLEDGE
Rs.500

There are 3 ways to Donate regularly

- Option 1 : Direct monthly pledge from your savings bank account
- Option 2 : Cheques / DD payable to "Damien Foundation India Trust"
- Option 3 : Contribute online through our secure payment gateway

THANK YOU



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